



This 1-day course is designed to give parents and carers the knowledge and confidence to provide effective emergency first aid.

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Certificate valid for 3 years  
Dynamic & fun training  
All course material  
Realistic Casualty Simulation  
Lots of hands on practical sessions

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## Course Information

### 1-Day Paediatric First Aid Course

This course is designed for parents, grandparents, carers or childminders who have the responsibility of looking after young people. It will also benefit Early Years organisations such as nurseries, after-school clubs, crèches and childminders in helping them to provide additional first aiders.

Below is an overview of the contents of the course:

- *Dealing with an emergency*
- *Care of the unconscious casualty*
- *Dealing with an epileptic fit, shock and anaphylactic (allergic) emergencies including Epipen*
- *Resuscitation including CPR for children and babies*
- *What to do if a child or baby is choking*
- *Control of minor bleeding including nosebleeds*
- *Common childhood emergencies e.g. asthma and head injuries, asthma*
- *Burns and scalds*
- *Fractures*
- *Poisoning*
- *Contents of first aid boxes and their use*
- *Reporting accidents and illnesses*
- *Questions and answers*

Training is delivered using relevant practical and realistic casualty simulation techniques.

This course is delivered by our team of experienced trainers who make the course fun, interesting, practical and relevant to you.

Courses can be at your premises or at one of our locations.

Successful candidates could progress onto the 2-day Paediatric course as recommended by Ofsted.