



Course information

Automated External Defibrillation (AED) and CPR



Over 150,000 people die from cardiac arrests in the UK each year.

Research shows that in the event of a sudden cardiac arrest the best chance of survival is to administer a controlled electric shock to the casualty's heart with 5 minutes.

To have an Automated External Defibrillator and a trained operator at the site of a sudden cardiac arrest can raise the chance of survival from 5% to 80%.

Course content includes:

- ***Basic Life Support & CPR***
- ***Heart Conditions***
- ***UK Resuscitation Council Guidelines***
- ***Safe use of an AED***
- ***Safe use of portable suction equipment (if required)***
- ***Practical use of the AED along CPR techniques***

Training content will include the use of your type of AED.

Course length can be between 4-6 hrs.

Training in line with the UK resuscitation Council Guidelines

Certificate valid for 1 year

Dynamic & fun training

All course material

PPD can advise on the correct type of AED for your organisation or workplace