

Course Information

Health and Safety in the Workplace

Employers have a responsibility to provide safe and healthy workplace conditions as well as safe systems and methods for workplace activities. An essential element of any safe system is knowledge and attitude of employees, and this demands correct training in the basics of health and safety, as well as specific training for individual tasks.

This course can be tailored to make the learning experience relevant and specific to your organisation or business needs.

Sample course contents:

- *Legislation*
- *Health*
- *Safety*
- *Welfare*
- *The Workplace*
- *Workplace Equipment*
- *Risk Assessment & practical*
- *Manual Handling & Practical*
- *Hazardous substances*
- *Ergonomics and workstations*
- *Transport and vehicles*
- *Noise and vibration*

This course includes hands on practical elements based on the needs and systems of your organisation.

Candidates will leave the course with a better understanding and increased confidence in the rationale behind good health & safety practice.

The organisation will benefit from a safer working environment leading to reduce costs for the employer.



This 1-day course can be tailored to meet the requirements for your organisation

Our price includes:

- Certification
 - Dynamic & fun training
 - All course material
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Please contact us to discuss costings.