



This ½ -day course is accredited by the CIEH (Chartered Institute of Environmental Health)

Our price includes:

- Certification
 - Dynamic & fun training
 - All course materials
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Please contact us to discuss costings.

Course Information

CIEH L2 Award in Principles of Manual Handling

More than a third of all over three day injuries reported to the HSE or Local Authorities are caused by manual handling, this costs businesses and organisations in the UK in excess of £5 billion each year.

Employees trained in the principles of manual handling can contribute to a reduction in the incidences of injuries or illness associated with manual handling.

This course covers:

- *Process of manual handling*
- *Manual handling injuries*
- *Activities which can cause injuries*
- *Manual handling assessments*
- *Manual handling controls*
- *Investigating accidents & incidents*
- *Manual handling regulations*

Candidates will be required to sit a 30 question multiple choice paper at the end of the training.

On successful completion of the course candidates will be able to identify the hazards associated with manual handling, the risks involved and controls available and what to expect from a manual handling assessment.